

**Important Information about
the
Health Education and
Physical Education Programs
at Rhode Island College**

**“READ AND HEED”
FALL 2009**

(this document is for informational purposes only)

Check for updates on the HPE Department's Web page
Announcements Link

<http://www.ric.edu/hpe/announcements.htm>

TABLE OF CONTENTS

Read Me First	3
Professional Dispositions	5
Status Report Forms	
<p>These forms list the required courses and the required minimum grades needed for each course for each major. These requirements are DIFFERENT depending on when you were admitted to Rhode Island College as a freshman or transfer. Refer to the form that corresponds to the time you were admitted to Rhode Island College (not the teacher preparation program) as a freshman or transfer.</p>	
Physical Education - Admitted to RIC - Fall 2009 or Later	6
School Health Education - Admitted to RIC - Fall 2009 or Later	7
School Health Education – Admitted to RIC – Fall 2005 to Spring 2008 ..	8
Double Major - Admitted to RIC - Fall 2009 or Later	9
Double Major - Admitted to RIC - Fall 2008 or Spring 2009	10
Double Major - Admitted to RIC - Fall 2005 to Spring 2008	11
General Information	
Admission into the Teacher Preparation Program	12
Retention Standards	12
Appeal Process for Retention (Petition).....	13
Physical Education Majors	
Physical Education Major - Recommended Sequence	14
Swim Competency ..	15
Specialization or Endorsement in Adapted Physical Education	16
Health Education Majors	
Health Education Major (School) – Recommended Sequence (2009).....	17
Health Education Major (School) – Recommended Sequence (2005-08)..	18
Health Education with a Concentration in Community Health	19
Status Report Form	20
Recommended Sequence of Courses	21
The Double Major: BS Degree in Health Education & Physical Education	
Benefits of the Double Major	22
Optimum Sequence for Practica	23
Recommended Sequences of Courses	24
Student Agreement Form.....	25
Worksheet By Semester	26
Rhode Island Certification in Health Education – Non Degree	27
Rhode Island Certification in Health Education – Non Degree	28

READ ME FIRST

UNIVERSAL ADVISEMENT

Students who intend to major in Health Education and/or Physical Education need to come into the main office, Murray Center 130, and fill out an advisor request form the first semester they take courses. Students will not be able to register for the next semester without sitting down with their advisor each semester. This provides the opportunity for dialogue on the progress of the students and a chance for the update of information/procedures that may have changed.

CHANGES IN GRADE REQUIREMENTS

There have been changes. Students should consult with their As of Fall 2005, all incoming freshman and transfers are required to attain minimum of a "B-" grade in all PED and HED courses. See STATUS REPORTS on pages 6-11 for more information.

CHANGES IN COURSE REQUIREMENTS FOR MAJORS

For freshman and transfer students entering the college as of Fall 2009, course requirements for majors in Physical Education, Health Education, and Health Education with a concentration in Community Health have changed. Please consult with your advisor for more information about these significant changes.

SWIM COMPETENCY TEST

Written approval (signature) from the HPE Department Chair will be needed **prior** to taking the swim competency test. Please consult page 15 for the correct form.

TECHNOLOGY REQUIREMENT

For all freshman and transfer students the Technology Competency Requirement has become part of the Admission Portfolio. Specific information on the technology skills included in the Technology Competency Requirement and options available for fulfilling this requirement is available from the Department of Educational Studies, Henry Barnard School Rm. 222 or Rm. 219 or at the web-site <http://www.ric.edu/techcomp/>

PETITIONS

Students can petition the Health and Physical Education Admission, Selection and Retention Committee (HPEASRC) if they fail to meet certain program requirements. Petitions must be submitted on the "HPE Petition Form" (available from the HPE Department Secretary). Petitions **must be submitted at least one week prior** to the first day of class for the semester. Petitions filed after the semester has begun will not be considered.

PLT TEST AND STUDENT TEACHING

As of Spring 2006, students who register for student teaching must complete and achieve the passing score, 167 or better, on the Principle of Teaching and Learning Test **before they are allowed to student teach**. Student must register for student teaching through the Office of School Partnerships and Clinical Placements.

PE CONTENT EXAMINATION

Beginning Fall 2008, students will be required to take and receive a passing score, 154 or better, on the Principles of Learning and Teaching content knowledge test in Physical Education (#10091). The exam **must be** taken before student teaching, and **must be** passed to graduate. Speak with your advisor for details.

PREREQUISITES

It is the student's responsibility to check that all prerequisites have been fulfilled prior to enrollment in 200, 300 and 400-level classes.

STUDENT ASSESSMENT SYSTEM

Students are formally assessed by portfolio submission at three stages of their academic career.

- **Admissions Portfolio –**

This portfolio documents the student's knowledge, skills, and dispositions and is the entry point into the teacher preparation programs of the FSEHD. Specific courses from the HED or PED program are required.

For the Physical Education Major PED 140 and PED 243, for the Health Education Major HED 102 and HED 202 must be passed with the minimum grade requirement. Instructions for the submission of this portfolio can be obtained through the FSEHD web-page <http://www.ric.edu/fsehd/undergrad/index.html> .Once you receive your official letter of acceptance into the Teacher Preparation Program in physical education/health education from the Associate Dean of Teacher Education, you must **pick up the contents** of your admission binder in Horace Mann 105. **KEEP THIS MATERIAL!** This material will become a part of your professional portfolio that you will eventually need to present to the RI Department of Education in order to obtain certification to teach in Rhode Island.

- **Preparing to Teach Portfolio –**

Students anticipating applying for student teaching (PED 426 or HED 427) must develop and submit a PREPARING TO TEACH PORTFOLIO. The portfolio includes artifacts from Health Education and Physical Education courses. Be sure to keep **all** artifact scoring rubrics and cover sheets provided by instructors. This portfolio must receive approval by the HPE Department **PRIOR TO** applying for student teaching. Please contact your HPE Department advisor for additional information.

- **Exit Portfolio –**

Students completing their student teaching requirement are REQUIRED to develop and receive HPE Department approval for an individually prepared EXIT PORTFOLIO. This portfolio will be developed during the student teaching seminar. Please contact your HPE Department Advisor for additional information.

SOME FREQUENTLY ASKED QUESTIONS

Q. What happens if I don't pass all three parts (reading, writing, math) of the PPST on the first attempt.

A. The passing score is 170 or better for each part. Only the part(s) not passed need to be retaken. The Office of Academic Support and Information Services (OASIS) have regularly scheduled test preparation workshops and opportunities for tutoring. Make an appointment with your HPE advisor to discuss any additional concerns.

Q. Can I be admitted to the FSEHD without passing PPST scores?

A. In order to successfully be admitted to the Feinstein School of Education and Human Development (FSEHD), a completed Admission Portfolio needs to be submitted. An incomplete portfolio would not allow you to be admitted without the permission of the FSEHD Associate Dean for Teacher Education. Make an appointment with your HPE advisor to discuss your options.

Q. How can I get a HPE advisor?

A. As a freshmen, or as soon as you transfer to RIC, stop by the HPE Department in Room 130 of the Murray Center, fill out the appropriate form and an advisor will be assigned to you. In order to register for future classes you **must see your advisor each semester**. Please do not wait until the last minute to set up an appointment.

Q. What if I have other questions?

A. Make an appointment with your HPE advisor. Do not assume that your classmates always have the correct information. Informational meetings are usually held in the fall so watch for notices of these meetings.

Rhode Island College
Feinstein School of Education and Human Development
Professional Dispositions and Related Behaviors

Dispositions are the values, commitments, and professional ethics that influence behaviors toward students, families, colleagues, and communities and affect student learning, motivation, and development as well as the educator's own professional growth and development (NCATE).

Feinstein School of Education and Human Development has adopted the following six categories of dispositions and related behaviors that describe a Reflective Practitioner for the 21st Century.

Self-Reflection

Exhibits healthy self-awareness and self-confidence, seeks feedback from multiple perspectives and makes appropriate adjustments, has goal clarity, self-monitors progress, demonstrates sound judgment, is insightful.

Lifelong Learning

Is intellectually curious and/or creative, is enthusiastic about learning, upgrades knowledge and skills regularly, takes initiative and is self-motivated, is imaginative and resourceful, manifests pride in one's work.

Advocacy for Children and Youth

Promotes practices that facilitate the healthy development of children and youth, holds high and achievable expectations for students, advocates for the well-being of students in schools, demonstrates ability to communicate effectively with children and youth, manifests respect toward students, listens and is responsive to students.

Respect for Diversity

Displays commitment to teach all students, welcomes diverse viewpoints and is open-minded, manifests sensitivity to the needs and values of diverse learners, establishes rapport and communicates well with diverse audiences, is adaptable to change, seeks to understand cultures of students and their families.

Collaboration

Works well with others, is trusting and trustworthy, exhibits highly developed interpersonal skills, uses feedback constructively, is socially tactful, demonstrates strong communication skills.

Professional Work Characteristics

Demonstrates good organization skills, completes quality work in timely manner, is reliable and dependable, works hard and is thorough, behaves in an ethical manner, presents self professionally.

STATUS REPORT
Physical Education Major
Admitted to RIC Fall 2009 or Later

Date _____
Student ID# _____
Phone _____ Cell _____
Email Address _____

Name _____

Address _____

		Street				City	State	Zip			
<u>Program Courses</u>		<u>CR</u>	<u>MGR</u>	<u>GR</u>	<u>ADV</u>	<u>Professional Sequence</u>	<u>CR</u>	<u>MGR</u>	<u>GR</u>	<u>ADV</u>	
PED 140		3	B-	_____	_____	CEP 315	4	B-	_____	_____	
HED 102		3	B-	_____	_____	FNED 346	4	B-	_____	_____	
PED 206		3	B-	_____	_____	PED 302	3	B-	_____	_____	
PED 243		3	B-	_____	_____	PED 413	3	B-	_____	_____	
PED 301		3	B-	_____	_____	PED 414	3	B-	_____	_____	
PED 409		3	B-	_____	_____	PED 426	9	P	_____	_____	
PED 410		3	B-	_____	_____	PED 428	1	B-	_____	_____	
PED 411		3	B-	_____	_____						
PED 412		2	B-	_____	_____						
PED 420		3	B-	_____	_____						
	TOTAL	<u>29 cr</u>									

Activity Courses

PED 207		3	B-	_____	_____
PED 208		3	B-	_____	_____
PED 247		2	B-	_____	_____
PED 323		2	B-	_____	_____
	TOTAL	<u>10 cr</u>			

GENERAL EDUCATION 2000

C1 - ENGL	161	4	P	_____	_____
C2 - HIST	161	4	P	_____	_____
C3 - NWW	162	4	P	_____	_____
C4 - CI	261-4	4	P	_____	_____
WRTG	100	4	P	_____	_____
SB 1	_____	3	P	_____	_____
SB 2	_____	3	P	_____	_____
A	_____	3	P	_____	_____
LS	<u>BIO 108 ♥</u>	4	C	_____	_____
M	_____	3	P	_____	_____
SM	<u>BIO 231 ♥</u>	4	C	_____	_____
	TOTAL	<u>40 cr</u>			

Cognates:

BIO 335		4	C	_____	_____
SPED 300		4	B-	_____	_____
	TOTAL	<u>8 cr</u>			

Free Electives: (6 credits)

_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

♥ Required in program and works for Gen Ed (8 credits double booked)

Note: A minimum of 120 credits are needed to graduate in the program.

CR – Credits MG – Minimum Grade required GR – Grade Received ADV – Advisor's Initials

Writing Competency Passed	_____	PPST Passed (170 score for each)	_____
Math Competency Passed	_____	Community Service Completed	_____
Technology Competency Passed	_____	PLT Passed (167 or better score)	_____
Aquatics Competency Passed	_____	Professional Points Completed (16)	_____
First Aid/CPR	_____	PE Content Exam (154 or better score ▲)	_____

▲ must take before student teaching, must pass to graduate

Minimal Grades Earned _____

Advisor's Signature _____

Date _____

! Students must complete HED 115 First Aid/CPR and a one-credit aquatics course, OR provide appropriate documentation to receive proficiency credit.

! Because of the recent changes in the Physical Education Program, it is critical that you meet regularly with your advisor to make certain that you are fulfilling all necessary program requirements.

ALWAYS CHECK PREREQUISITES!

STATUS REPORT
 School Health Education Major
FALL 2009 OR LATER

Name _____

Date _____
 Student ID# _____
 Phone Home _____ Cell _____
 Email Address _____
 Address _____

<u>Program Courses</u>	<u>CR</u>	<u>MGR</u>	<u>GR</u>
HED 101	3	B-	_____
HED 102	3	B-	_____
HED 202	3	B-	_____
HED 221	3	B-	_____
HED 233	3	B-	_____
HED 303	3	B-	_____
HED 307	3	B-	_____
HED 325	3	B-	_____
HED 404	3	B-	_____
HED 410	3	B-	_____
HED 431	3	B-	_____
Total	33 cr		

Cognates:

BIO 108 ♥	4	C	_____
BIO 231 ♥	4	C	_____
BIO 335	4	C	_____
PSYC 110 ♥	3	C	_____
Total	15 cr		

Free Electives: (11 credits)

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Total	11 cr		

<u>Professional Sequence</u>	<u>CR</u>	<u>MGR</u>	<u>GR</u>
CEP 315	4	B-	_____
FNED 346	4	B-	_____
HED 300	4	B-	_____
HED 417	3	B-	_____
HED 418	4	B-	_____
HED 427	9	P	_____
HED 428	1	B-	_____
SPED 433	3	B-	_____
Total	32 cr		

GENERAL EDUCATION 2000

C1 - ENGL 161	4	P	_____
C2 - HIST 161	4	P	_____
C3 - NWW 162	4	P	_____
C4 - CI	4	P	_____
WRTG 100	4	P	_____
SB 1 PSYC 110 ♥	3	C	_____
SB 2 _____	3	P	_____
A _____	3	P	_____
LS BIO 108 ♥	4	C	_____
M _____	3	P	_____
SM BIO 231 ♥	4	P	_____
Total	40 cr		

CR – Credits

MGR – Minimum Grade required

GR – Grade

♥ Required in program and works for Gen Ed
 (11 credits double booked)

Writing Competency Passed _____
 Math Competency Passed _____
 Technology Competency Passed _____
 First Aid/CPR _____

PPST Completed (170 score or better for each) _____
 Community Service Completed _____
 PLT Completed (167 score or better) _____
 Professional Points Completed (16) _____

Note: A minimum of 120 credits are needed to graduate in the program.

Students must complete HED 115 First Aid/CPR OR provide appropriate documentation to receive proficiency credit.

Because of the recent changes in the School Health Education Program, it is critical that you meet regularly with your advisor to make certain that you are fulfilling all necessary program requirements.

ALWAYS CHECK PREREQUISITES !

STATUS REPORT
Double Major – Physical Education
& School Health Education
 Beginning Fall 2009 or Later

Date _____
 EMP ID# _____
 Phone _____

Name _____ Address _____
 Street City State Zip

PHYSICAL EDUCATION

<u>Major Sequence:</u>	CR	MGR	GR
PED 140	3	B-	_____
HED 102	3	B-	_____
PED 206	3	B-	_____
PED 243	3	B-	_____
PED 301	3	B	_____
PED 409	3	B-	_____
PED 410	3	B-	_____
PED 411	3	B-	_____
PED 412	2	B-	_____
PED 420	3	B-	_____
TOTAL			<u>29 cr</u>

<u>Activity Course:</u>	CR	MGR	GR
PED 207	3	B-	_____
PED 208	3	B-	_____
PED 247	2	B-	_____
PED 323	2	B-	_____
TOTAL			<u>10 cr</u>

<u>Cognates:</u>	CR	MGR	GR
BIO 335	4	C	_____
* SPED 300 or 433	4 or 3	B-	_____
TOTAL			<u>7/8 cr</u>

<u>Professional Sequence</u>	CR	MGR	GR
CEP 315	4	B-	_____
FNED 346	4	B-	_____
* PED 302♦	3	B	_____
* PED 413	3	B	_____
* PED 414♦	3	B	_____
* PED 450♦	3	B	_____
PED 426	5	P	_____
H/PED 428	1	B-	_____
TOTAL			<u>20/23 cr</u>

HEALTH EDUCATION

<u>Major Sequence:</u>	CR	MGR	GR
HED 101	3	B-	_____
HED 202	3	B-	_____
HED 221	3	B-	_____
HED 233	3	B-	_____
HED 303	3	B-	_____
HED 307	3	B-	_____
HED 325	3	B-	_____
HED 404	3	B-	_____
HED 410	3	B-	_____
HED 431	3	B-	_____
TOTAL			<u>30 cr</u>

<u>Professional Sequence:</u>	CR	MGR	GR
HED 300	4	B	_____
HED 417	3	B	_____
HED 418	4	B	_____
HED 427	5	P	_____
TOTAL			<u>16 cr</u>

<u>GENERAL EDUCATION 2000</u>			
C1 - ENGL 161	4	P	_____
C2 - HIST 161	4	P	_____
C3 - NWW 162	4	P	_____
C4 - CI 261-4	4	P	_____
WRTG 100	4	P	_____
SB 1 <u>PSYC 110 ♥</u>	3	C	_____
SB 2 _____	3	P	_____
A _____	3	P	_____
LS <u>BIO 108 ♥</u>	4	C	_____
M _____	3	P	_____
SM <u>BIO 231 ♥</u>	4	C	_____
TOTAL			<u>40 cr</u>

♥ Required in program and works for Gen Ed
 (11 credits double booked)

* ♦ **CONSULT ADVISOR** CR - Credit(s) MG - Minimum Grade Required GR - Grade

Aquatics Competency Passed _____
 CPR/First Aid Proficiency _____
 Community Service Completed _____
 Professional Points Completed (8/8) _____
 Math Competency Completed _____

Technology Competency Passed _____
 PPST (score of 170 or better for each) _____
 PLT (score of 167 or better) _____
PE Content (154 or better passing) _____
!!!! Must take to student teach;
Must pass to graduate

ALWAYS CHECK PREREQUISITES!

STATUS REPORT

Double Major – Physical Education
& School Health Education
Fall 2008 to Spring 2009

Date _____
EMP ID# _____
Phone _____

Name _____ Address _____
Street City State Zip

PHYSICAL EDUCATION

Major Sequence:	CR	GN	GR
PED 140	3	B-	_____
HED 102	3	B-	_____
PED 206	3	B-	_____
PED 243	3	B-	_____
* PED 301	3	B-	_____
PED 409	3	B-	_____
PED 410	3	B-	_____
PED 411	3	B-	_____
PED 412	2	B-	_____
PED 420	3	B-	_____

Activity Course:

PED 123	1	B-	_____
PED 132	2	B-	_____
PED 147	1	B-	_____
PED 205	2	B-	_____
PED 207	2	B-	_____
PED 208	2	B-	_____

Cognates:

BIO 335	4	C	_____
* SPED 300 or 433	4 or 3	B-	_____

Professional Sequence

CEP 315	4	B-	_____
* FNED 346	4	B-	_____
* PED 302♦	3	B	_____
* PED 413	3	B	_____
* PED 414♦	3	B	_____
* PED 450♦	3	B	_____
PED 426	5	P	_____
H/PED 428	1	B-	_____

HEALTH EDUCATION

Major Sequence:	CR	GN	GR
HED 101	3	B-	_____
HED 202	3	B-	_____
HED 221	3	B-	_____
HED 233	3	B-	_____
HED 303	3	B-	_____
HED 307	3	B-	_____
HED 325	3	B-	_____
HED 404	3	B-	_____
HED 410	3	B-	_____
HED 431	3	B-	_____

Cognates:

BIO 348	4	C	_____
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Professional Sequence:

HED 300	4	B	_____
HED 418	4	B	_____
HED 427	5	P	_____

GENERAL EDUCATION 2000

C1 - ENGL 161	4	P	_____
C2 - HIST 161	4	P	_____
C3 - NWW 162	4	P	_____
C4 - CI 261-4	4	P	_____
WRTG 100	4	P	_____
SB 1 PSYC 110	3	C	_____
SB 2	3	P	_____
A	3	P	_____
LS BIO 108	4	C	_____
M	3	P	_____
SM BIO 231	4	C	_____

* ♦ CONSULT ADVISOR GN- Grade Needed

Aquatics Competency Passed _____
Technology Competency Passed _____
CPR/First Aid Proficiency _____
Community Service Completed _____
Professional Points Completed (8/8) _____

Writing Competency Passed _____
Math Competency Passed _____
PPST (score of 170 or better for each) _____
PLT (score of 167 or better) _____
PE Content (154 or better passing) _____

!!!! Must take to student teach;
Must pass to graduate

ALWAYS CHECK PREREQUISITES!

STATUS REPORT

**Double Major – Physical Education
& School Health Education**

ADMITTED FALL 2005 - SPRING 2008

Date _____

Student ID _____

Phone _____

Name _____

Address _____

Street City State Zip

PHYSICAL EDUCATION

<u>Major Sequence:</u>		CR	MG	
PED 140		3	B-	_____
HED 102		3	B-	_____
PED 206		3	B-	_____
PED 243		3	B-	_____
* PED 301		3	B	_____
PED 409		3	B-	_____
PED 410		3	B-	_____
PED 411		3	B-	_____
* PED 412		2	B-	_____
PED 420		3	B-	_____

Activity Course:

PED 123	1	B-	_____
PED 132	2	B-	_____
PED 147	1	B-	_____
PED 205	2	B-	_____
PED 207	2	B-	_____
PED 208	2	B-	_____

Cognates:

BIO 335	4	C	_____
* SPED 300 or 433	4 or 3	B-	_____

Professional Sequence

CEP 315	4	B-	_____
* FNED 346	4	B-	_____
* PED 302	3	B-	_____
* PED 413	3	B-	_____
* PED 414	3	B-	_____
* PED 450	3	B-	_____
PED 426	5	P	_____
H/PED 428	1	B-	_____

HEALTH EDUCATION

<u>Major Sequence:</u>		CR	MG	
HED 101		3	B-	_____
HED 202		3	B-	_____
HED 221		3	B-	_____
HED 233		3	B-	_____
HED 303		3	B-	_____
HED 307		3	B-	_____
HED 325		3	B-	_____
* HED 404		3	B-	_____
HED 410		3	B-	_____
HED 431		3	B-	_____

Cognates:

BIO 348	4	C	_____
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Professional Sequence:

HED 300	4	B-	_____
HED 418	4	B-	_____
HED 427	5	P	_____

GENERAL EDUCATION 2000

C1 - ENGL 161	4	P	_____	
C2 - HIST 161	4	P	_____	
C3 - NWW 162	4	P	_____	
C4 - CI	4	P	_____	
WRTG	100	4	P	_____
SB 1 <u>PSYC 110</u>	3	C	_____	
SB 2 _____	3	P	_____	
A _____	3	P	_____	
LS <u>BIO 108</u>	4	C	_____	
M _____	3	P	_____	
SM <u>BIO 231</u>	4	C	_____	

MG – Minimum Grade

* **CONSULT ADVISOR**

Aquatics Competency Passed _____
 Technology Competency Passed _____
 CPR/First Aid Proficiency _____
 Community Service Completed _____
 Professional Points Completed (8/8) _____

Writing Competency Passed _____
 Math Competency Passed _____
 PPST (score of 170 or better for each) _____
 PLT (score of 167 or better) _____
 PE Content Exam (154 or better passing) _____

!!!! Must take to student teach;

Must pass to graduate

ALWAYS CHECK PREREQUISITES!

General information

ADMISSION TO THE TEACHER PREPARATIONS PROGRAM

Due to recent changes in the admission requirements and changes in the admission portfolio, it is critical that students make an appointment with the HPE advisor to receive the correct information and correct forms. Students also should consult the FSEHD web-site

<http://www.ric.edu/fsehd/undergrad/index.html>

RETENTION STANDARDS

Retention in the Physical Education Program and to the School Health Education Program requires adherence to the following standards:

1. **Maintenance of a 2.50 or higher cumulative GPA.** Students with a GPA below 2.50 are restricted to PED/HED courses numbered BELOW the 300 level. There are also minimum grade requirements - see STATUS REPORT forms for more information.
2. **Satisfactory completion of all practicum courses with a minimum grade requirement and a positive recommendation from EACH practicum professor.**

3. **Demonstration of professional commitment.**

The Preparing to Teach Portfolio must include documentation that students have accumulated a minimum of: **16 points for single majors and 8 in each for double majors.** Demonstration of professional commitment must be fully documented and submitted, within two weeks of the event, to your department advisor for his/her approval and signature. [Forms for this purpose are available from your advisor.](#) These points must be earned from a **MINIMUM of FOUR DIFFERENT AREAS** listed below:

AREA 1:

- a) Membership in state and/or national professional organization(s) -- RIAHPERD, RISHA, AAHPERD, ASHA, APHA, or SOPHE. (1 point per organization per year of membership)
- b) Officer in Physical Education Majors Club (2 points each year)

AREA 2:

- a) Attendance at state, regional and/or national professional conference(s) (1 point each conference)
- b) Participation in state, regional and/or national professional conferences(s) -- presider, presenter, etc. (1 -2 point each time)

AREA 3: Attendance at professional workshops/clinic (1 point each time)

AREA 4: Service/Volunteer Work--such as volunteer for work within the department, Majors Club, a charity, Special Olympics, Little League referee, assist with coaching, etc. (This is for volunteer/service work, NOT paid employment) (2 points per 4 – 6 hours)

AREA 5: Teacher assistant in department activity courses (2 points)

AREA 6: Other (to be determined in consultation with your HPE advisor and/or the Department Admission, Selection and Retention Committee)

4. Compliance with the following prerequisites for student teaching:

- a) Completion of ALL major sequence courses, ALL cognates and ALL professional sequence courses. (Exception: PED 412 MAY be taken simultaneously with student teaching.)
- b) Fulfillment of ALL general requirements established by the Feinstein School of Education and Human Development.
- c) Development, submission, and approval (by HPE Dept) of the PREPARING TO TEACH PORTFOLIO prior to admission to student teaching.

PETITION (APPEAL) PROCESS FOR RETENTION IN PHYSICAL EDUCATION PROGRAM, SCHOOL HEALTH EDUCATION PROGRAM OR COMMUNITY HEALTH PROGRAM

Petitions (appeals) to the Health and Physical Education Admission, Selection and Retention Committee (HPEASRC) will be initiated directly by the student on the appropriate petition form provided for this purpose. (See department secretary for Petition Form). Petition Forms must be signed by a member of the HPE faculty and must be received by the Chair of the HPE Department no later than **ONE WEEK PRIOR to the start of the next semester**. Petitions filed after the semester has begun will not be considered. Petition forms must be reviewed and signed by a faculty member before it can be reviewed. The Committee will act upon all properly submitted petitions within two weeks. Students will be notified of the Committee's decision in writing.

Appeals of students regarding decisions of the Physical Education Admission, Selection and Retention Committee may be directed to the Associate Dean of Teacher Education of the FSEHD. The student initiating an appeal must provide substantiating evidence to support his or her appeal. Subsequent appeals should follow College policy for student appeals (see the Rhode Island College Student Handbook).

Recommended Sequence of Courses for PHYSICAL EDUCATION

FALL TERM

First Semester

* PED 140	3
* Writing 100	4
* C1 or C2	4
* HED 102	<u>3</u>
	14

Third Semester

*+ PED 207	3
+ PED 301	3
*+ CEP 315	4
* BIO 108	4
* Gen Ed "Math"	<u>3</u>
	17

Fifth Semester

+ PED 409	3
+ PED 410	3
+ PED 413	3
* Core 3	4
+ * BIO 335	<u>4</u>
	17

Seventh Semester

*+# PED 323	2
* PED 412	2
* PED 411	3
* Free Electives	<u>6</u>
	13

SPRING TERM

Second Semester

* C1 or C2	4
* PED 206	3
* PED 243	3
*+ FNED 346	<u>4</u>
	14

Fourth Semester

*+ PED 208	3
*+ PED 247	2
+ PED 302	3
* SPED 300	4
*+ BIO 231	<u>4</u>
	16

Sixth Semester

+ PED 414	3
+ PED 420	3
*+ C4	4
* Gen. Ed. SB#1	3
* Gen. Ed. "A"	<u>3</u>
	16

Eighth Semester

*+ PED 426	9
*+ PED 428	1
* Gen. Ed. SB#2	<u>3</u>
	13

Minimum of 120 credits needed to graduate

- + Has a prerequisite
- * Offered every semester
- # Restricted to Senior Students

Physical Education Program - Swim Competency Requirements

Students majoring in Physical Education must demonstrate competency in basic swim strokes and water safety. This can be accomplished by providing documentation of one of the following:

- Successful completion of PED 109 or PED 124 with a grade of B- or better.
- Successful completion of an American Red Cross Swim Class – Level V or higher
- Successful completion of a YMCA Swim Class – SHARK level or higher
- Successful completion of the Swim Competency Test administered by a currently certified American Red Cross Water Safety Instructor or currently certified YMCA Swim Instructor.
- Successful completion of American Red Cross Water Safety Instructor or YMCA Swim Instructor certification.

Swim Competency Test

Prior approval and signature from the Chairperson of the Health and Physical Education department is required before the Swim Competency Test can be administered.

Signature of Department Chairperson _____ **Date** _____

The swim competency test is comprised of the following elements; each element must be passed (✓) in order to receive competency.

- Perform a Tuck or Pike surface dive and retrieve a 10 lb. object from the bottom in 10 feet of water
- Swim underwater for 25 feet
- Perform front crawl for 50 yards
- Perform back crawl for 50 yards
- Perform breaststroke for 50 yards
- Do a standing dive into 10 feet of water
- Deep water bobbing 20 times
- Front Survival float for 3 minutes
- Tread water for 3 minutes
- Perform a reaching and throwing assist
- Swim 20 feet on front, turn on to back and swim 20 feet on back, turn on to front and swim 20 feet
- Swim 25 yards on front, do a front open turn and return to start
- Swim on front 30 feet, tread water 30 seconds, swim back on back 30 feet, tread water 30 seconds, and swim on front 30 feet.

Swim Competency Test Certification

I, _____ (Instructor), certify that _____ (RIC student) has passed the swim elements described above. This test of swimming ability was given at _____ (Location) on _____ (Date). I am currently certified as an American Red Cross Water Safety Instructor or a YMCA Swim Instructor. My certification expires on _____ (Date). Please attach copy of current certification.

Signature of Instructor _____ Date _____

Signature of RIC Student _____ Date _____

Revised June 1, 2006

SPECIALIZATION IN ADAPTED PHYSICAL EDUCATION

As of July 2003, the Specialization in Adapted Physical Education can be awarded from RI College and can appear on your transcript. (Only valid for current undergraduate students.) Students must meet the following requirements:

1. Complete **additional laboratory** experiences in PED 409 with children with disabilities.
2. Complete **two additional course** requirements: PED 415 and Special Education 525.
3. Attain a **grade of B or better** in the following courses:
SPED 300, 525
PED 302, 409, 413, 414, and 415
4. Complete a **MINIMUM of 45 hours of documented experience** with K-12 school children in an adapted physical education setting. The experience must include the following:
 - a. Development of Individualized Educational Plans (**MINIMUM OF TWO**)
 - b. Participation in IEP Meetings (**MINIMUM OF TWO**)
 - c. Instruction, supervision, and administration of programs for a **MINIMUM OF SIX DIFFERENT DISABILITIES** (which may include autism, visually impaired, hard of hearing, deaf, deaf-blind, mental retardation, multihandicapped, orthopedically impaired, other health impaired, serious emotional disturbance, specific learning disability, speech impaired, and traumatic brain injury.)
 - d. Administration of a **MINIMUM OF SIX DIFFERENT SCREENING INSTRUMENTS FOR ADAPTED PHYSICAL EDUCATION IN AT LEAST SIX DIFFERENT AREAS** (e.g. Test of Gross Motor Development II, Battelle Developmental Inventory, Bruininks-Oseretsky Test of Motor Proficiency, Peabody Developmental Motor Scales, Denver Developmental Screening, Learning Accomplishment Profile-Diagnostic, etc.)

DOCUMENTATION MUST BE PROVIDED FOR EACH OF THE ABOVE REQUIREMENTS.
FORMS ARE AVAILABLE FROM Dr. Kerri Tunnicliffe (Murray Center 130).

ENDORSEMENT IN ADAPTED PHYSICAL EDUCATION **from the RI State Department of Education**

Students need verification from Rhode Island College in order to apply for an endorsement in Adapted Physical Education from RIDE. Contact Dr. Kerri Tunnicliffe for information and documentation forms, Murray Center 130.

Recommended Sequence of Courses In School Health Education Curriculum Beginning Fall 2009

FALL TERM

<u>First Semester</u>	<u>Credits</u>
* HED 102	3
* Writing 100	4
* Core 1 or 2	4
* PSYC 110 (SB #1)	<u>3</u>
	14

<u>Third Semester</u>	<u>Credits</u>
* HED 101	3
*+ HED 233	3
* Core 3 (NWW)	4
* Free Elective	3
*+ BIO 231	<u>4</u>
	17

<u>Fifth Semester</u>	<u>Credits</u>
*+ HED 300	4
* HED 307	3
+ HED 325	3
* CEP 315	4
* Free Elective	<u>3</u>
	17

<u>Seventh Semester</u>	<u>Credits</u>
+ HED 418	4
*+ HED 410	3
*+ Core 4	4
*+ Free Elective	<u>2</u>
	13

SPRING TERM

<u>Second Semester</u>	<u>Credits</u>
*+ HED 202	3
* Core 1 or 2	4
* BIO 108	4
*+ FNED 346	<u>4</u>
	15

<u>Fourth Semester</u>	<u>Credits</u>
*+ HED 221	3
*+ SB #2 (Gen Ed)	3
*+ BIO 335	4
* MATH (Gen Ed)	3
* Free Elective	<u>3</u>
	16

<u>Sixth Semester</u>	<u>Credits</u>
*+ HED 303	3
+ HED 404	3
*+ HED 417	3
*+ HED 431	3
*+ SPED 433	<u>3</u>
	15

<u>Eighth Semester</u>	<u>Credits</u>
*+ HED 427	9
*+ HED 428	1
* A (Gen Ed)	<u>3</u>
	13

Minimum of 120 credits needed to graduate

- * Offered every semester
- + Has a prerequisite

Recommended Sequence of Courses In School Health Education Curriculum Beginning Fall 2005 to Spring 2008

Fall Term

<u>First Semester</u>	<u>Credits</u>
* HED 102	3
* Writing 100	4
* Core 1 or 2	4
* PSYC (SB 1)	<u>3</u>
	14

<u>Third Semester</u>	<u>Credits</u>
* HED 101	3
* + HED 233	3
* Core 3 (NWW)	4
* Elective	3
* + BIO 231	<u>4</u>
	17

<u>Fifth Semester</u>	<u>Credits</u>
* + HED 307	3
* Elective	4
+ HED 325	3
* + BIO 348	<u>4</u>
	14

<u>Seventh Semester</u>	<u>Credits</u>
+ HED 418	4
+ HED 404	3
+ HED 410	3
+ HED 431	3
* + SPED 433	<u>3</u>
	16

Spring Term

<u>Second Semester</u>	<u>Credits</u>
* + HED 202	3
* Core 1 or 2	4
* BIO 108	4
* + FNED 346	<u>4</u>
	15

<u>Fourth Semester</u>	<u>Credits</u>
* SB #2 (Gen Ed)	3
* + HED 221	3
* + BIO 335	4
* MATH (Gen Ed)	3
* Elective	<u>3</u>
	16

<u>Sixth Semester</u>	<u>Credits</u>
* + HED 300	4
* + CEP 315	4
* + HED 303	3
* Core 4 (CI)	<u>4</u>
	15

<u>Eighth Semester</u>	<u>Credits</u>
* + HED 427	9
* + HED 428	1
* A (Gen Ed)	<u>3</u>
	13

Minimum of 120 credits needed to graduate

- * Offered every semester
- + Has a prerequisite

B. S. in HEALTH EDUCATION with a Concentration in Community Health

- - - Contact Prof. Andrea Vastis, Health and Physical Education Department, avastis@ric.edu

A Bachelor of Science in Health Education with a concentration in community health prepares students for careers in the growing field of community health education and promotion. Job opportunities exist in hospitals, volunteer organizations, corporate settings, fitness centers and other community based agencies. This degree does not lead to public school certification, but rather, prepares the individual to plan, implement and evaluating health promotion programs, develop public policy and promote environmental change within target populations.

Our graduates have gone on to become:

- Director of Cancer Control, American Cancer Society
- Senior Health Educator and Trainer, Health and Wellness Institute/Blue Cross and Blue Shield of Rhode Island
- Public Health Promotion Specialist, Rhode Island Department of Health
- Research Associate and Health Educator, Brown Institute for Community Health Promotion
- Manager, Healthtraxx Fitness Center
- Health Educator, Women and Infants' Hospital Family Van
- Health Educator, Harvard Pilgrim Health Care

Admission Requirements:

- HED 102 & HED 202: B- minimum grade
- Minimum 2.5 GPA
- Tech Competency: INST 100 (grade of S) or completion of INST 251 with C or better
- Completion of Math and Writing Requirements
- Disposition form from HED 202 faculty

Retention Requirements:

- Maintain 2.5 minimum GPA
- B- or better in HED Courses and CEP 315 and all Health-Related Electives

Admission to Field Placement:

- Successful completion of HED 419 with B- or better.
- Positive recommendation from HED 419 Instructor
- Completion of HED 406 with B- or better
- Current Certification in First Aid, CPR (adult/child/infant) and AED
- Completion of 16 professional retention points
- Overall GPA 2.5 or better
- Reflection Essay connecting coursework and experiences to the AAHE Responsibilities of Entry Level Health Educator

Exit Requirements:

- Minimum "satisfactory" rating from field placement supervisor and RIC field placement coordinator.
- Portfolio with all evaluations (field supervisor and field placement advisor) and documentation of work done
- Minimum grade B- in HED 429, Seminar in Community Health Education

STATUS REPORT

**B.S. in Health Education with
Concentration in Community Health
ADMITTED FALL 2009 OR LATER**

Date _____
Student ID# _____
Phone _____ Cell _____
Address _____
Street _____

Name _____

Email _____

<u>Program Courses</u>	<u>CR</u>	<u>MGR</u>	<u>Grade</u>
HED 101	3	B-	_____
HED 102	3	B-	_____
HED 221	3	B-	_____
HED 233	3	B-	_____
HED 303	3	B-	_____
HED 307	3	B-	_____
Total	18 cr		

<u>City</u>	<u>State</u>	<u>ZIP</u>	
<u>Professional Sequence</u>	<u>CR</u>	<u>MGR</u>	<u>Grade</u>
CEP 315	4	B-	_____
HED 202	3	B-	_____
HED 300	4	B-	_____
HED 406	3	B-	_____
HED 419	3	B-	_____
HED 426	9	P	_____
HED 429	1	B-	_____
Total	27 cr		

Cognates

BIO 108 ♥	4	C	_____
BIO 231 ♥	4	C	_____
BIO 335	4	C	_____
PSYC 110 ♥	3	C	_____
COMM 208	3	C	_____
MKT 301	3	C	_____
Or			
ENG 230	3	C	_____
Total	21 cr		

GENERAL EDUCATION 2000

C1 - ENGL 161	4	P	_____
C2 - HIST 161	4	P	_____
C3 - NWW 162	4	P	_____
C4 - CI	4	P	_____
WRTG 100	4	P	_____
SB1 PSYC 110 ♥	3	C	_____
SB 2	3	P	_____
A	3	P	_____
LS BIO 108 ♥	4	C	_____
M	3	P	_____
SM BIO 231 ♥	4	C	_____
Total	40 cr		

Health Related Electives 15 credits
With approval of Advisor only

♥ Required in program and works for Gen Ed
(11 credits double booked)

<u>Course</u>	<u>Cr</u>	<u>MG</u>	<u>Grade</u>
1. _____	_____	B-	_____
2. _____	_____	B-	_____
3. _____	_____	B-	_____
4. _____	_____	B-	_____
5. _____	_____	B-	_____

10 Credits Free Electives

<u>Course</u>	<u>Cr</u>	<u>MG</u>	<u>Grade</u>
1. _____	_____	P	_____
2. _____	_____	P	_____
3. _____	_____	P	_____
4. _____	_____	P	_____
Total	10 cr		

**!! Note: A minimum of 120 credits are needed
to graduate in the program.**

CR – Credits MGR – Minimum Grade Requirement

Writing Competency Passed _____
First Aid/CPR/AED _____

Math Competency Passed _____
Technology Competency Passed _____
Professional Points Completed (16) _____

Students must complete HED 115 First Aid/CPR OR provide appropriate documentation prior to enrollment in HED 426: Community Health: Field Placement.

Because of the recent changes in the Community Health Concentration, it is critical that you meet regularly with your advisor to make certain that you are fulfilling all program requirements.

ALWAYS CHECK PREREQUISITES!

Recommended Sequence of Courses for Health Education with a Concentration in Community Health

Fall Term

<u>First Semester</u>	<u>Credits</u>
* HED 102	3
* Writing 100	4
* Core 1 or 2	4
* PSYC 110 (SB #1)	<u>3</u>
	14

<u>Third Semester</u>	<u>Credits</u>
* HED 101	3
*+ HED 233	3
* Core 3 (NWW)	4
*+ BIO 231	4
Free Elective	<u>2</u>
	16

<u>Fifth Semester</u>	<u>Credits</u>
*+ HED 300	4
*+ CEP 315	4
Hlth Elective #2	3
* MKT 301 or ENG 230	3
Free Elective	<u>2</u>
	16

<u>Seventh Semester</u>	<u>Credits</u>
+ HED 406	3
*+ HED 419	3
*+ HED 307	3
Hlth Elective #5	3
*+ Core 4	<u>4</u>
	16

Spring Term

<u>Second Semester</u>	<u>Credits</u>
*+ HED 202	3
* Core 1 or 2	4
* BIO 108	4
*+ COMM 208	<u>3</u>
	14

<u>Fourth Semester</u>	<u>Credits</u>
*+ HED 221	3
Hlth Elective #1	3
*+ BIO 335	4
* MATH (Gen Ed)	3
*+ SB #2 (Gen Ed)	<u>3</u>
	16

<u>Sixth Semester</u>	<u>Credits</u>
*+ HED 303	3
Hlth Elective #3	3
Hlth Elective #4	3
Free Elective	3
Free Elective	<u>3</u>
	15

<u>Eighth Semester</u>	<u>Credits</u>
*+ HED 426	9
*+ HED 429	1
* A (Gen Ed)	<u>3</u>
	13

Minimum of 120 credits needed to graduate

- * Offered every semester
- + Has a prerequisite

BENEFITS OF THE DOUBLE MAJOR: **Degrees in Health Education and Physical Education**

The HPE Department encourages all students to consider carefully the merits of completing two major programs (One in Health Education and one in Physical Education). The HPE Department has established policies to facilitate students interested in completing a double major. Accommodations are in place. Please consult with your HPE Advisor to discuss possibilities.

Some of the advantages of completing a second major in School Health Education include the following:

1. Double majors are better equipped to teach in this important area as a result of the methodology course (HED 300) and additional courses in content areas (HED 202, 304, 307).
2. Students completing the double major have the opportunity to gain practical experience teaching both content areas in a supervised setting (i.e., complete practicum and student teaching in both PED & HED).
3. For courses required by the Rhode Island Department of Education (RIDE) for a separate certification in Health Education (non-degree) it may be difficult to gain enrollment and fit into one's schedule prior to completion of the physical education degree. Most semesters the physical education major requires 14 – 17 credits without the extra courses needed for separate certification in Health Education. Some courses required for the certification are only offered during the day, which can interfere with work, coaching, etc.
4. A degree in school health education is valid in any state; certification in health education is only valid in Rhode Island.
5. Increased marketability as a vast majority of teaching positions, in Rhode Island are written as Physical Education and Health Education. They often will not hire an individual who has not completed certification in Health Education.

Double Major Revised Plan of Study Practicum Sequence

For Double Majors the practica sequence may be modified if majors demonstrate adequate teaching proficiency in a variety of venues. Double Majors must have completed the prerequisites for the affected physical education practica (PED 207, 208) in order to be considered for a modification.

To receive a modification in their program of study, majors must earn at least a B in HED 300 and a positive recommendation from the HED 300 instructor. During HED 300, Double Majors will complete and sign a Practica Sequence Form, which outlines the students' responsibilities and consequences if they do not demonstrate adequate teaching methods. After successful completion of HED 300, students will enroll in HED 418 and earn at least a B and a positive recommendation.

In the spring semester, students will enroll in PED 450: Topics (combined PED 302 & 414). If a student shows proficiency in teaching using the required approaches during the first teaching placement and satisfactorily completes all applicable assignments, the PED 302 instructor (along with the cooperating teacher's input) can recommend the Double Major spend the second half of the semester in PED 414: Individual and Dual Sport Practicum. There the student must satisfactorily complete all applicable assignments and participate in a second teaching experience. If the instructors of PED 302 and PED 414 determine the student has adequately completed all requirements, the last practicum will be PED 413: Rhythmic Activities and Dance Practicum.

If a student **does not demonstrate competency** during the **first half** of **PED 450**, he/she will continue in the 302 practicum for the entire semester. He/she will then take PED 413 and followed by PED 414 for the entire semester during the next spring semester. If the student **does not demonstrate competency** in **PED 450** during **the second half**, he/she will be expected to enroll in PED 414 the next spring for the entire semester.

Those students admitted to RIC starting Fall 2009 will take HED 300 and PED 301 prior to the subject practica. A grade of "B" or better is needed in both courses in order to take the modified sequence of practica. A grade of less than a "B" will require students to take all four practica.

NOTE: If at any time a Double Major **decides to change** to a single major in Physical Education he/she must fulfill all physical education requirements (including PED 301 and complete the entire PED practica sequence: PED 302, 413 and 414). Beginning Fall 2009, students will take PED 301 and HED 300 before beginning practica.

Double Major Revised Plan of Study Practicum Sequence*

PED 302 - emphasis: class management, indirect teaching style (Tactical Games Model), questioning techniques.

PED 413 - emphasis: Indirect and Direct Teaching style (movement exploration & dance) unit planning, assessment.

PED 414 - emphasis: direct teaching style, stations, lesson planning, assessment.

PED 450 - emphasis: combined PED 302 & 414

Double Major Practica Sequence:

HED 300 HED 418 PED 450 PED 413

If unsuccessful in either half of PED 450:

HED 300 HED 418 PED 302 PED 413 PED 414

*** Check with your HPE advisor about changes in the sequence for those admitted to RIC beginning Fall 2009.**

Double Major: Health and Physical Education

Sequence of Courses for a 5 Year Plan

First Semester

* HED 102	3
* PED 140	3
* Writing 100	4
* Core 1 or 2	4
	<hr/> 14

Second Semester

* + HED 202	3
* PED 243	3
* Core 1 or 2	4
* PSYC 110 (SB #1)	3
* Gen Ed (MATH)	3
	<hr/> 16

Third Semester

* HED 221	3
* HED 233	3
* FNED 346	4
* BIO 108	4
	<hr/> 14

Fourth Semester

* HED 101	3
* + HED 303	3
* PED 206	3
* + BIO 231	4
* Core 3	4
	<hr/> 17

Fifth Semester

*+ HED 300	4
* PED 301	3
*+ CEP 315	4
* Gen Ed SB#2	3
	<hr/> 14

Sixth Semester

*+ HED 307	3
*+ HED 417	3
*+ HED 431	3
+ PED 207	3
* + SPED 300 or 433	4/3
	<hr/> 16/15

Seventh Semester

+ HED 418	4
*+ HED 410	3
* + PED 208	3
*+ PED 409	3
*+ Core 4	4
	<hr/> 17

Eighth Semester

+ PED 247	2
PED 410 or HED 325	3
+ PED 450	3
+ HED 404	3
*+ BIO 335	4
	<hr/> 15

Ninth Semester

*+# PED 323	2
+ PED 411	3
+ PED 412	2
+ PED 413	3
*+ PED 420	3
	<hr/> 13

Tenth Semester

* + HPED 428	1
* + HED 427	5
* + PED 426	5
* Gen Ed "A"	3
	<hr/> 14

* Offered Fall and Spring Semesters

+ Has prerequisite(s)

Restricted to Senior Students

**Double Major Practicum Sequence
PED 450: Teaching Methods for Team and Individual/Dual Sports
Student Agreement Form**

Name _____

Date _____

Advisor _____

List all organized teaching, coaching, and playing experiences in Team, Individual, and Dual Sports (include number of years and level):

Teaching

Coaching

Playing

Students must provide an unofficial transcript with the grades for PED 207, 208, 301 and HED 300 highlighted (minimal grade must be attained). Staple the transcript to this form.

Students must provide a copy of the instructor recommendation form from HED 300 to verify that they have been recommended to the next practicum course.

By signing below I **acknowledge that I have been informed of the following**: if I **do not get a positive recommendation** from the **PED 302/450**: Team Sport Practicum instructor after **the first half** semester teaching experience, I will continue in the PED 302 practicum for the entire semester, and take PED 414: Individual and Dual Sport Practicum in its entirety during the following spring semester. Likewise if I **do not get a positive recommendation** from the **PED 414/450** instructor during **the second half**, I will be expected to enroll in PED 414 the next spring for the entire semester. I also understand **if I drop the double major status** I am required to fulfill all physical education program requirements for graduation.

Student's Signature _____

Date _____

Return this form with supporting documentation to Dr. Auld prior to starting HED 418.

Worksheet for Course Scheduling

Student's Name: _____

Fall _____	Cr		Spring _____	Cr		Summer _____	Cr

Fall _____	Cr		Spring _____	Cr		Summer _____	Cr

Fall _____	Cr		Spring _____	Cr		Summer _____	Cr

Fall _____	Cr		Spring _____	Cr		Summer _____	Cr

Fall _____	Cr		Spring _____	Cr		Summer _____	Cr

Fall _____	Cr		Spring _____	Cr		Summer _____	Cr

Courses Needed for Rhode Island Certification in Health Education

Note: This is not a degree in Health Education. This is only valid in Rhode Island.

Rhode Island Dept. of Education (RIDE) Requirements

Rhode Island College Courses Meeting RIDE Requirements For every course – check for required prerequisites.

Human Anatomy	BIO 231	Human Anatomy
Human Physiology	BIO 335	Human Physiology
Microbiology	BIO 348	Microbiology
Genetics	BIO 221	Human Genetics
Ecology	BIO 318 * HED 307 * HED 507 *	Ecology (Prerequisites: BIO 111 & 112) Dynamics and Determinants of Disease Epidemiology and Biostatistics
Personal Health	HED 102	Personal Health
Social Health	HED 233 * HED 563 *	Social Perspectives of Health Professional Ethics and Social Health Issues
Substance Use and Abuse	HED 431 * PSY 217 * PSY 510 *	Drug Education Drugs, Society and Chemical Dependency Drugs and Behavior
First Aid and CPR	HED 115	Fundamentals of First Aid and CPR
Consumer Health	HED 335	Consumer Health
Nutrition	HED 221	Nutrition
Mental Health	HED 410	Stress Management
Physical Fitness	PED 205 * PED 420 *	Conditioning for Personal Fitness Physiological Aspects of Exercise
Human Sexuality	HED 101 * HED 530 *	Human Sexuality Family Life and Sexuality Education
Community Health	HED 303	Community Health

*** One course per group is needed.**

Updated - April 17, 2005

Courses Needed for Rhode Island Certification in Physical Education

Within the 24 credits for Physical Education, the candidate must have courses to include work in each of the following content areas; Human Anatomy, Care and Prevention of Athletic Injuries, Physical Training, Team Sports, Individual Sports, Aquatics, Kinesiology, Physiology of Exercise, Adaptive Physical Education, CPR, First Aid, Elementary School Games and Procedures, and Dance.

Note: This is not a degree in Physical Education. This is only valid in Rhode Island.

Rhode Island Dept. of Education (RIDE) Requirements	Rhode Island College Courses Meeting RIDE Requirement For <u>every course</u> - - - check for required prerequisites.
--	---

Human Anatomy	BIO 231 Human Anatomy
Care and Prevention	PED 201 Care and Prevention of Athletic Injuries
Physical Training	PED 205 Conditioning for Personal Fitness
Team Sports	PED 302 Practicum in Team Sports - Must meet prerequisites
Individual Sports	PED 414 Practicum in Individual Sports - Must meet prerequisites
Aquatics	PED 109 Swimming – Beginning <u>or</u> PED 124 Swimming - Intermediate
Kinesiology	PED 411 Kinesiology - Must meet prerequisites
Physiology of Exercise	PED 420 Physiological Aspects of Exercise - Must meet prerequisites
Adaptive Physical Education	PED 409 Adapted Physical Education - Must meet prerequisites
CPR/First Aid	HED 115 Fundamentals of First Aid and Cardiopulmonary Resuscitation
Elementary School Games and Procedures	No course equivalent at RIC
Dance	PED 413 Creative Rhythms and Dance - Must meet prerequisites